# American Red Cross "Learn to Swim" Course Descriptions for Herbert Hasell Pool

**Infant and Preschool Aquatic Program**: (Ages 6 months to 5 years) these are the perfect courses for first time introduction to basic water exploration and Primary skill development. The goal of these courses is to develop a high comfort level in and around the water.

"Parent/Tot" 6mos.-3yrs. Parent participation is mandatory.

"Aqua Tots" 4-5yrs. Children are in classes of 6 students per instructor.

**Fun strokes I:** (ages 6 yr. and up) this course is ideal for the student who is ready to learn elementary skills that include: floating, kicking, beginner strokes, basic water exploration and safety and rescue skills. Students will also learn combined strokes.

**Fun strokes II:** (ages 7yrs. and up) this course is designed for the student who can swim combined strokes and is ready to move into deep water. Instructors work to develop confidence and competency in aquatic locomotion and safety.

**Stroke masters:** (ages 9yrs. and up) this course is for students who swim at an advanced level. Skills taught will include butterfly, flip turns, and dives. Classes focus on stroke refinement and skill proficiency.

(Parents please note that it may take more than one time taking a class for your child to advance to the next level.)

**Never to Late:** (adult) This course is perfect for the adult beginner who wishes to conquer their fear of the water, learn beginner strokes, or achieve the ability to swim comfortably.

Swim Camp: (ages 6-13) Introduction to competitive swimming

Please sit on the chairs while waiting for your lesson to start or while watching your child's lesson. We limit class sizes to  $\underline{6}$ -  $\underline{8}$  in the beginner classes and  $\underline{10}$  in the advanced classes so each swimmer gets the individualized attention needed. Children in the Parent/Tot classes must wear swim diapers with a bathing suit over it. Thank you.

# **Registration:** Registration begins:

June 1 for Summer Sessions I & II Session I – June 8- 18; Session II – June 22 – July2 July 6 for Summer Sessions III & IV Session III – July 13- 23; Session IV – July 27 – August 6

## **Session Times:**

	Session 1& IV	Session II	Session III
8:30 - 9:00	Fun I and	Fun I & Water	Fun I and
a.m.	Aqua Tots	Babies	Fun II
9:00 - 9:30	Fun I and	Fun II &	Aqua Tots
a.m.	Fun II	Stroke	& Stroke
		Masters	Masters
5:30 - 6:00	Aqua Tots &	Fun I & Aqua	Fun I &
p.m.	Water Babies	Tots	Aqua-Tots
6:00 - 6:30	Fun I & Fun	Never- to-	Fun II &
p.m.	II	Late & Fun II	Stroke
			Masters

# **Fees per Session:**

Parent – Tot: \$15.00 (25.00 Non – City)

Youth: \$20.00 (\$30 Non – City) Adult: \$25.00 (\$35.00 Non – City)

Our goal is to turn no child away scholarships are available.

# 2009 Pool Schedule

8:30 – 9:00 a.m. American Red Cross Lessons Mon. – Thurs. 9:00 – 9:30 a.m. American Red Cross Lessons Mon. – Thurs. 9:30 – 12:00 p.m. Camps and Special Group Lessons Mon – Fri 12 – 12:30 Community Drown Proof Swimming Lessons Tue & Thurs. 1-4 Children's Recreational Swimming Monday-Friday (Only adults supervising children allowed)

5–7 p.m. Family recreational Swimming / Lap Swim **Monday**-**Friday** 

4-5 p.m. Junior Lifeguard Training/Swim Camp Mon. & Wed. 4-5 Teen <u>Game Hour Tue & Thurs.</u>

5:30 – 6:30 p.m. American Red Cross Lessons Monday-Thursday 12–5pm Family Recreational Swimming Saturday

# The pool is closed on Sunday

\*\*\*\*The pool will be closed on Saturday, **July 4<sup>th</sup>** for the Independence Day holiday

- Daily admission is \$.50 for children and \$1.00 for adults 16 years and older.
- Our goal is to teach and serve as many youth as possible. We never want to turn a child away.
- Please see the Customer Service Representative if you desire a scholarship for our "Learn to Swim" program.



~~~Aquatics Division~~~

### **Herbert Hasell Pool**

"Our goal is to serve the community with safe clean facilities" Laurie Yarbrough - Recreation Director



# Please let us know how we are doing HH Head Lifeguard – Harleston Ashby HH "Learn to Swim" Coordinator – Nulani Bennett 265 Fishburne St. Charleston, SC 29403 843-724-7344

# "Aquatics with a Purpose"

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